

HARI TX.:

**A THING THAT IS
IMPORTANT.**

“ Futomani Shimpo ”
with Kototama Principles

FUTOMANI SHIMPO

KEY POINTS

❖ **Kototama Practice**

- **Conscious-Intension: Power of Words and its effects.**
- **Hari needling, Shape and usage of Oshide/ L-hand and Sashide/R-hand positioning**
- **Timing for going and removal with Kototama, Ki-breath, Body Posture**

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A) Quality: Spiritual space

Natural and Unnatural (Jaki?) undulation in our life
Kototama (I-Ne) practice



B) Quantity: flow of Meridian

Japanese style of Meridian therapy,
Mind/body **posture** and **Ki-breathe** change the rhyme and flow of
the Ki (**Eight Father Ki Rhyme**)



C) Pts. and Methods: Physical (Ki) actions

TCM style of Acupuncture,
It based on understanding of the body (Ki) function and
Pathological effects on Physical Body

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B) QUANTITY:

POSTURE AND
KI-BREATHE
(EIGHT FATHER KI RHYME)

U 奇魂 くし、智。神からのメッセージ
O 和魂 にぎ、親。調和とバランス
A 幸魂 さち、愛。幸を感じる
E 荒魂 あら勇。願いを叶え物事を具現化
I 直霊 なおひ、高次の自分、無意識

U - Metal: Desire on five senses, Industry, Economy

O - Water: Empirical wisdom, Studies, Science

A - Wood : Emotion/Love/Space, Art, Religion

E - Fire : Practical wisdom of selection, Political Morality

I - Earth : Space creation Will, Activate other
four dimensions

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B) QUANTITY:

POSTURE AND
KI-BREATHE
(EIGHT FATHER KI RHYME)

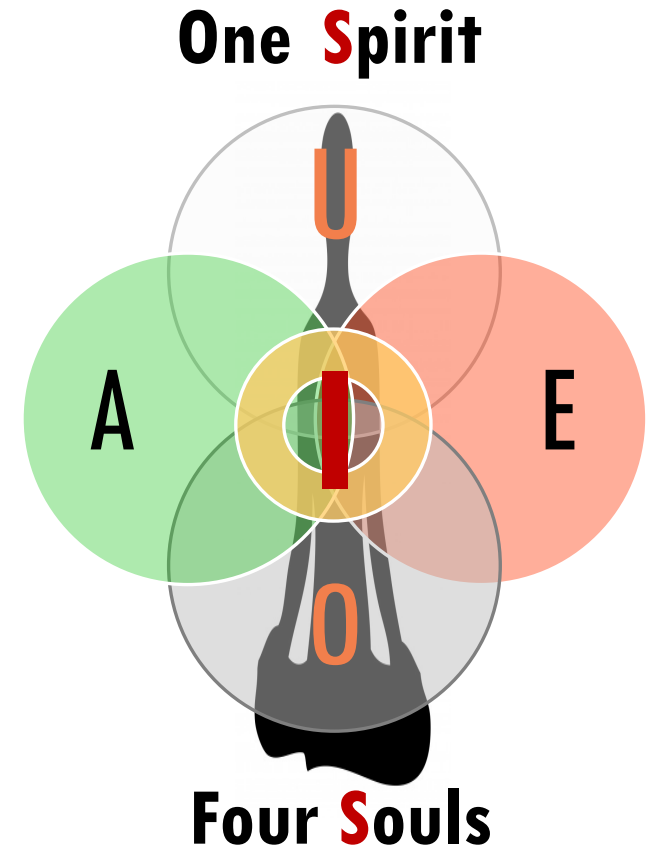
U - upward from **GV20**

O - down from **CV1**

A - front from **CV18**

E - back from **GV11**

I - Center **M-Tanden** (Between **CV18** and **GV11**)



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TONIFICATION**

**CREATION OF THE
LIGHT**

❖ It is **Ho-ho**.

Tonify, Strengthen life force (dignity and harmony of the essential ki)

❖ Outcome of the tx. is determined with the practice on

a-**Quality,**

b-**Quantity** of the Ki and

c-**Points and Oshide-Sashide Methods** during the Hari tx.

HO **TONIFICATION:**

HARI EFFECT ENTIRE
UNIVERSE
BECAUSE
WE ARE ALL PART OF THE
UNIVERSE.

1. Tonification does not just stop in the tx. room. In treating the client, we effect the entire universe because we are all part of the universe.
2. Bring the image of someone, when it shows up. Always within the wholeness, you can connect to their actual body. Always go back to the wholeness to share the space.

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SHIMPO**

DISPERSION

**MISOGI
AND
PURIFICATION**

❖ It is **Sha**-ho.

❖ **Purification/Change the quality of the light.**

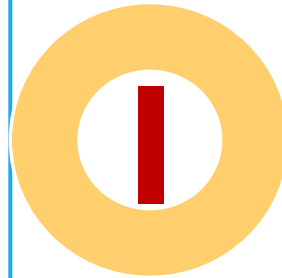
❖ *Why do we need Misogi?*

Our attachment causes stagnation on the meridians, which creates imbalance of the body.

* **KI**

• What is

CAUSES OF
DISEASES
AND
SYMPTOMS



SEIKI, JAKI

&

KYO, JITSU



JAKI

ITS EFFECT ON
THE LIFE
(PULSE AND
BODY)

Okī-Jitsu

Natural Ex. without Jaki invasion

Jaki-Jitsu

Effected by Jaki



**FUTOMANI
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SHA

**DISPERSION
(MISOGI)**

❖ **SHA: Dispersion - (Misogi)**

It retune the rhyme setting allows the Ki to flow freely

1. Support them from excessive desire.
2. Release the attachment, that disharmonize their and your nature.
3. Hari, (**Eight Father Ki Rhyme**)

SHA

EXCESS TYPE

JAKI

DISPERSION
NEEDLING

❖ Sha-Ho is **Dispersion**. To remove jaki/evil Ki and support the body from its effect.

Excess type of Jaki

Fu: Yang type Ex. Pulse: Floating, Fest, Excess

Gen: Yin type Ex. Pulse: Sinking, Wiry, Excess

SHA

DEFICIENT TYPE

JAKI

DRAINING WITHIN
TONIFICATION

Ho tyu no Sha is dispersion within tonification, To both remove deficient-type jaki/evil and to tonify weak life force.

Deficient type of Jaki

Ken: Blood Level;

Ko: Ki Level;

SHA

WAHO
YU-SHA

Wa-ho is Harmonizing technique (**No Jaki**).

Yu-Sha is transporting Oki-Jitsu with tonification.

Oki-Jitsu is abundant ki which is caused by imbalance in the five phases, It is **Not** from **Evil Ki/Jaki**. Tx. with **Ho**/tonification