



Hari Program (3)

2020 Hari in FLORIDA

Chief Instructor: T. Koei Kuwahara, Lic.Ac. President of Hari Society www.culia.net

Organized by: Ocean Breeze Hari Society,

Instructor: Cameron Bishop, DOAM, A P and Gretchen Lorenson Gonzalez, DOM,AP

Location: First Unitarian Universalist Congregation of the Palm Beaches

Friday, March 27th, 2020

S u b j e c t		Hari Futomani and Gassho Ceremony	
9:00 – 9:30	Gassho and Kototama Chanting	As a practice for concentrating one's consciousness and unifying it with the universe	
9:30 – 11:00	Fundamental principle of the Point selection and Tx. side (<i>Nan Jing</i> Chp. 49, 68, 69, 75 and other Blood Stasis)		
11:00 – 11:15	Breathing Exercises and Tea		
11:15 - 12:00	Hari Futomani	Tonification technique in Kototama Meditation	
12:00 – 1:30	Lunch Break		
1:30 – 2:45	Review: Sha-Ho	Fu, Gen, Ko, Ken, Jin and Waho	
2:45 – 3:00	Breathing Exercises and Tea Break		
3:00 – 3:30	Gassho Ceremony	20 minutes Gassho: Healing Ki in the space.	
3:30 – 5:15	Hari Tx. Step 1,2,3.	Root tx. with Ki feedback method by pulse	
5:15-5:30	Q & A		

Saturday, March 28th, 2020

		Extra Ordinary Vessel and Shigo Treatment	
9:00 – 9:15		Mantra, Ki breathing exercise	
9:15 - 10:25	* General principle of EV treatment Main and couple pts. and Extra EV points in Hari style of EV Magnet tester and Tx. method and tools Pulse Dx. for EV tx. EVs Symptomology and Flow of the EV vessels		
10:25 – 11:00	Abdominal EV Dx.	How to do Hara EV-Dx.	
11:00 – 12:30	Demo & Practice EV	EV Sho determination and Tx.	
12:30 – 2:00	Lunch Break		
2:00 – 2:45	Shigo Treatment	Demo and Practice for Shigo	
2:45-3:30	Sho determination from EV and Shigo Dx.		
0:15	Breathing Ex. and Tea		
3:45 – 4:45	Step 1,2,3. + EV, Shigo Tx.	SHO determination Root tx. and EV tx. with Ki feedback method by pulse	
4:45-5:30	Q & A		