



Hari

Core Program (4) 2020 HARI BOSTON

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SATURDAY, February 8th, 2020

	Touch Dx. to local tx. & methods of tx. to be covered include Sanshin, Volcano and Tornado.		
1:30-1:35pm	Mantra: Hari Kototama		
1:35-2:15pm	Review from last month: <i>Ho</i> and <i>Sha</i> and Dispersion within tonification	Kototama Practice and Ho, Sha	
2:15-2:45pm	Review for Volcano/Tornado point? 3 level of skin condition and tx. methods		
2:45-3:30pm	To find and treat them by the Volcano pt. (Waho, Ken, Ko, Moxa, Lancet)		
3:30-3:45pm	Ki breathing Ex.		
3:45-4:45pm	Sanshin Hifushin Tomoe Tornado Shimp w/En-Teishin	Demo: Ho and Sha within Ki and Blood level	
		How do we find the point/areas and its tx. techniques?	
4:45-6:00pm	Practice Root and Local tx. and the Evaluation of the treatment		
5:45-6:00pm	Q&A		

SUNDAY, February 9th, 2020

Pulse diagnosis for the location of disease (i.e. the meridian, point(s) to be treated), the pathology, and appropriate needling techniques all become that much more precisely determined.

We will learn and practice...

- 1) How to detect abnormal and correct pulse, with an understanding of Stomach Ki quality and Jaki/Evil ki.
- 2) How Pulse quality diagnosis can be used to determine the most appropriate points and needling techniques.
- 3) How the pulse can be used as a feedback method for assessing the effectiveness of the treatment as it is being given and its immediate effects.

	Advanced Pulse-quality diagnosis in six-positions		
8:00-8:30am	Gassho and Chanting and Study for KOTOTAMA		
8:30-10:30am	Introduction to Ad. Pulse quality Dx.: Understand and recognize the crucial attributes of pulse: time, seasonal influences, constitutional assessments, lifestyle, internal pernicious attacks. Also, appropriate pulse quality in 6 positions.		
10:30-10:45am	Ki breathing exercise		
10:45-12:00am	Pulse and feedback	Point selection and w/ adjusted needle tech. according to pulse quality dx w/ understanding of pathological effects on the pulse.	
12:00-1:00pm	Lunch Break		
1:00-2:00pm 2:00-2:45pm	Five tastes, season	Pulse Quality Dx. with Five tastes for selection and needling on 5 phase points and feedback method.	
2:45-3:00pm	Ki breathing exercise		
3:00-4:45pm	Tx. practice	Tx. Practice + with detailed pulse dx. and Ki feedback.	
4:45-5:00pm	Q & A		