



Hari Program (4) 2020 Hari in FLORIDA

Chief Instructor: T. Koei Kuwahara, Lic.Ac. President of Hari Society www.culia.net

Organized by: Ocean Breeze Hari Society,

Instructor: Cameron Bishop, DOAM, A P and Gretchen Lorenson Gonzalez, DOM,AP

Location: First Unitarian Universalist Congregation of the Palm Beaches

FRIDAY, APRIL 17th, 2020

9:00-9:30	Mantra: Hari Kototama	
9:30-10:00	Introduction to Touch dx. Touch needling and Moxa.	
10:00-10:45	What is Volcano, Tornado point?	
10:45-11:00	Ki breathing Ex. and Tea	
11:00-12:00	Touch needling Direct Moxa and,	How do we find the Volcano/ Tornado ? and its Stages I, II, III. Tx. Space Tx. practice.
12:00-1:30	Lunch Break	
1:30-2:30	Sanshin	Demo and Practice: Sanshin tx. (and Hifushin)
2:30-3:15	Harmony Points	How do we find the point and its tx. techniques.
3:15-3:30	Ki breathing Ex. and Tea	
3:30-5:30	Step 0-5 and Q&A	Root and Local tx. and its Evaluation of treatment

SATURDAY, APRIL 18th, 2020

9:00-9:30	Kototama Mantra and Ki Ex.	
9:30 - 10:30	Ketsubon and Kigai : Systemized area used to regulate the Ki, whole body.	
10:30- 11:00	Points on the <i>Ketsubon, Kigai</i> Touch and/or Insertion: I, II, III.	Volcano and tornado pts. in the <i>Ketsubon</i> How do we read correlation of Ki condition
11:00 - 11:15	Ki breathing Ex. and Tea	
11:15 - 12:00	Demo:	Mapping Practice on the Ketsubon and Kigai area.
12:00 - 1:30	Lunch Break	
1:30-2:00	Demo:	Touch or/and Insertion.: stages I, II, III. on the Ketsubon and Kigai area.
2:00-3:15	Practice:	Dx. and tx. on the Kigai and Ketsubon
3:15-3:30	Ki breathing Ex. and Tea	
3:30-3:45	Q&A for whole tx.	
3:45 - 5:15	Practice:	Root tx. Steps 0.1.2.3.4. and on the Ketsubon and Kigai area
5:15 - 5:30	Q&A	