

Pulse 1-2-3 Chart NESA 2011 Instructor T. Koei Kuwahara Lic. Ac

Practitioner _____ Client _____ Date ___/___/___

(A) Diagnosis

	Wood	Fire	Earth	Metal	Water
1, Asking					
2, Listening					
3, Looking					

4, Touching

Six comparative Pulse DX. Draw the pulse image in each position.

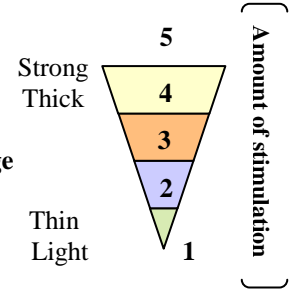
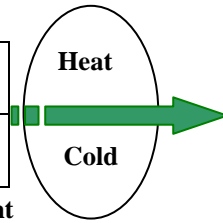
Def. 0 Ex. ● for SHO

R				L			
Yang				3 2 1	Yang		
Middle	LI/LU	ST/SP	TW/PC	0	Middle	SI/HT	GB/LR BL/KD
Yin				1 2 3	Yin		

Left	Yin	Right
	Distal	
	Middle	
	Proximal	

Pulse quality diagnosis Fill out the pulse quality table (1 2 3).

	Floating	Rapid	Big	Slippery	Tight	Excess
321						
123						



Sinking Slow Small Hesitant Soft Deficient

Floating Category	floating, hollow, large	
Sinking Category	sinking, hidden, thin, leathery, firm	
Slow Category	slow, moderate	
Rapid Category	rapid, moving, hasty, racing	
Deficient Category	deficient, hollow, minute, thin, soft, weak, short, small	
Excess Category	excess, flooding, and slippery, wiry, long, tight pulses that are powerful	
Choppy Category	Not smooth, seems to stumble along, thin and slow, scatter, knotted, intermittent	
Slippery Category	Smooth and seems to roll along nicely, It resembles a rapid.	

(B) Treatment		Name of Pattern	Pts.	Dosage and other comments
	Primary SHO			
	Secondly SHO			