I came back from India a few days ago and I slept through 3 days without food!

It was a tough trip. My blood pressure was high, and I was sick whole time in the Himalayan high altitude.

First, Bodhgaya, where the Buddha was enlightened, I helped with Jim Luce to build the orphanage for children of the poorest state, Bihar, India. Jim and I went there for its opening.

I went to Dharamsala to have audience with the Dalai Lama. In Tibet, the way of showing your highest respect, you put your forehead on the other person's forehead, and the Dalai Lama did this for me, and he also gave me a beautiful golden Kata, and connected myself with him. I also received a small Buddha statue. It was awesome time. We promised each other that we would live a long life. Attached a few photos of that time. If you would like to see more, you can find it on my Facebook. <a href="https://www.facebook.com/kazuko.hillyer/">https://www.facebook.com/kazuko.hillyer/</a>

I then went to the Manjushree Orphanage in the Himalayas. Over 250 children welcomed me. In 2009, I went there to treat tuberculosis. When I first visited, there were about 50 children. There was only one building but now there are 5 building. They all call me "Mom". Every year I give iPad mini to all graduates. This year I gave all the dedicated teachers and staffs also.

I am the happiest person in the world.

With Compassion and Deep Gratitude,

Dr. Kazuko Tatsumura Hillyer







